

KANIVA

28 Baker Street Kaniva

GOROKE

(provided out of the Goroke community health centre) 54-62 Natimuk-Frances road. Goroke

HARROW

(provided out of the Bush Nurses Centre) 24 Blair street

EDENHOPE

49 Elizabeth street, Edenhope

Judy Harrington-MCH coordinator (Harrow and Goroke):



0428 595 725

Monica Feder (Kaniva)



0472 866 754

Mardi Greifhahn (Edenhope)



0460 955 651

Adrienne Caldow-Perinatal **Emotional Health worker**



0418 818 127



MATERNAL & CHILD HEALTH

Key Ages and Stages **Appointments** (KAS)

Maternal and child health nurses work in partnership with families to care for babies and young children until they start school. This service is free for all ages.

You will visit or be visited by a maternal and child health nurse at 10 key ages and stages of your child's growth and development along with any additional visits that are requested or required.

Additional appointments are made to ensure immunisation's are given in accordance with the funded (free) National Immunisation Schedule.

The **QR codes** in this booklet correlate with a particular age and stage of your child's growth and development. Each code links you to useful information to prepare you for your visit with the maternal and child health nurse along with helpful resources to support and broaden your knowledge.



Scan the following QR Codes





WHAT TO EXPECT AT YOUR **APPOINTMENTS**

1st Appointment (Home visit)



2nd Appointment (2-week)



3rd Appointment (4-week)



4th Appointment (8-week)



5th Appointment (4 months)



7th Appointment (12 Months)



9th Appointment (2 years)



6th Appointment (8 months)



8th Appointment (18 Months)



10th Appointment (3 1/2 years)

